



## CURRICULUM VITAE

### PERSONAL DATA

**Dana E. Stallings, DNP, APRN, FNP-C, PMHNP, CDCES, BC-ADM**

1337 Armory Drive

Franklin, VA 23851

757-659-9903

[info@ssdva.com](mailto:info@ssdva.com)

### EDUCATION

| <b>Year</b> | <b>Degree</b> | <b>Institution</b>                       | <b>Location</b>  |
|-------------|---------------|--|------------------|
| 2024        | PMHNP         | Liberty University                       | Lynchburg, VA    |
| 2022        | DNP           | Old Dominion University                  | Norfolk, VA      |
| 2016        | MSN           | Old Dominion University                  | Norfolk, VA      |
| 2011        | BSN           | Old Dominion University                  | Norfolk, VA      |
| 2007        | Diploma       | Riverside School of Professional Nursing | Newport News, VA |

### CURRENT LICENSURE and CERTIFICATIONS

| <b>Year</b> | <b>Source</b>  | <b>Type</b>            | <b>License/Certification Number</b> |
|-------------|--|------------------------|-------------------------------------|
| 2023-2025   | Virginia Board of Nursing                                  | RN<br>LNP (autonomous) | 0001208898<br>0024174465            |
| 2020-2025   | Certification Board for<br>Diabetes Care and<br>Education  | CDCES                  | 21510380                            |
| 2014-2029   | Association of Diabetes<br>Care & Education<br>Specialists | BC-ADM                 | 200914061                           |

## **PROFESSIONAL EXPERIENCE**

| <b>Years</b>   | <b>Position</b>                         | <b>Institution</b>  | <b>Location</b>            |
|----------------|---|---|----------------------------|
| 2022 – Present | Owner/CEO,<br>Nurse Practitioner        | Southside Diabetes  | Franklin, VA               |
| 2021 – Present | National Speaker                        | Medtronic Diabetes  | Minneapolis, MN            |
| 2023 – Present | National Speaker                        | Eli Lilly and Company   | Indianapolis, IN           |
| 2023 – 2023    | Adjunct Clinical<br>Assistant Professor | Old Dominion University                                       | Norfolk, VA                |
| 2022 – 2024    | National Speaker                        | Novo Nordisk  | Plainsboro<br>Township, NJ |
| 2017 – 2022    | Nurse Practitioner                      | Endocrinology Consultants of<br>Suffolk                       | Suffolk, VA                |
| 2017 – 2017    | Nurse Practitioner                      | Tidewater Physicians<br>Multispecialty Group<br>Endocrinology | Newport News,<br>VA        |
| 2015 – 2017    | Owner, Educator                         | Diabetes Training Solutions                                   | Windsor, VA                |
| 2014 – 2015    | Clinical Coordinator                    | Chronic Disease & Diabetes Clinic                             | Franklin, VA               |
| 2013 – 2014    | Adjunct Instructor                      | Paul D. Camp Community<br>College, Nursing & Allied Health    | Franklin, VA               |
| 2009 – 2013    | Registered Nurse                        | Sentara Obici Hospital,<br>Intensive Care Unit                | Suffolk, VA                |
| 2007 – 2009    | Registered Nurse                        | Sentara Obici Hospital,<br>Surgical                           | Suffolk, VA                |

## **HONORS AND AWARDS**

|      |  |
|------|--|
| 2023 | Virginia Health Care Foundation Psychiatric Nurse Practitioner Scholarship     |
| 2023 | Old Dominion University 40 Under 40 Alumni Class of 2023                       |
| 2022 | Tidewater Virginia Council of Nurse Practitioners NP Impact & Innovation Award |

- 2022 Old Dominion University Advanced Degree Luncheon Invited Doctoral Student Speaker
- 2022 Nurse Practitioner Healthcare Foundation/Procter & Gamble Community Service Scholarship
- 2021 Tidewater Virginia Council of Nurse Practitioners Nurse Practitioner Doctoral Scholarship
- 2016 Sigma Theta Tau International Nursing Society

### **SCHOLARSHIP**

**Stallings, D.** and Higgins, K. The Use of Multiple Daily Injections Versus Continuous Subcutaneous Insulin Infusion for HgbA1c Reduction in Insulin Dependent Type 2 Diabetics

**Stallings, D.,** Duetsch, J., Gustin, T., and Goode, V. Utilizing Telemedicine to Enhance Pediatric Endocrine Access for Rural Communities

**Stallings, D.** for Medtronic Diabetes. Collaborate: Optimizing MiniMed™ 770G system therapy PowerPoint presentation

### **MULTIMEDIA PRESENTATION**

- 7/2024 PowerPoint presentation and Expert Testimony via Zoom to the State of Virginia House Select Committee on Advancing Rural and Small Town Health Care

### **CONFERENCE MEETINGS/PRESENTATIONS**

#### **National**

- 9/2022 National Webinar: Collaborate: Optimizing MiniMed™ 770G System Therapy
- 8/2021 Keynote speaker: Managing Clinical Insulin Pump and INPEN Programs Medtronic Diabetes, Wilmington NC

#### **State**

- 3/2024 Insulin Pump Therapy for Type 2 Diabetes Virginia Council of Nurse Practitioners Annual Conference, Williamsburg VA
- 3/2020 Why HgbA1c is No Longer the Gold Standard for Measuring Diabetes Control Virginia Council of Nurse Practitioners Annual Conference, Norfolk VA
- 9/2019 Healthcare Panel

## American Diabetes Association Victory Over Diabetes, Smithfield VA

### POSTER PRESENTATIONS

- 5/2022      The Use of Multiple Daily Injections Versus Continuous Subcutaneous Insulin Infusion for HgbA1c Reduction in Insulin Dependent Type 2 Diabetics  
**Dana Stallings, DNP, FNP-C, CDCES, BC-ADM** and Dr. Karen Higgins, DNP, FNP-BC  
Virginia Association of Doctors of Nursing Practice, virtual presentation
- 3/2022      The Use of Multiple Daily Injections Versus Continuous Subcutaneous Insulin Infusion for HgbA1c Reduction in Insulin Dependent Type 2 Diabetics  
**Dana Stallings, DNP(c), FNP-C, CDCES, BC-ADM** and Dr. Karen Higgins, DNP, FNP-BC  
Virginia Council of Nurse Practitioners Annual Conference, Hot Springs VA

### PROFESSIONAL ACTIVITIES

#### **Society/Association memberships**

- 2022 – present      Virginia Council of Nurse Practitioners Government Relations Committee  
Tidewater Regional Representative
- 2022 – present      American Diabetes Association Virginia Advocacy Committees Member
- 2022 – present      American Academy of Nurse Entrepreneurs
- 2021 – present      Beta Bionics Advisory Board Member
- 2021 – present      American Diabetes Association Hampton Roads Community Leadership Board Vice President
- 2021 – present      Medtronic Diabetes Adult Endocrinology Advisory Board Member
- 2019 – present      American Diabetes Association Hampton Roads Community Leadership Board Member
- 2019 – present      American Diabetes Association Western Tidewater Board Liaison
- 2018 – 2020      Western Tidewater Diabetes Coalition
- 2017 – 2021      Trinity United Methodist Church Parish Nurse
- 2016 – present      American Association of Nurse Practitioners
- 2016 – present      Virginia Council of Nurse Practitioners

2016 – present    Sigma Theta Tau International Honor Society of Nursing, Epsilon Chi Chapter

2015 – 2018        Western Tidewater Medical Reserve Corps

2014 – present    American Association of Diabetes Educators

2014 – present    American Diabetes Association

### **EDUCATIONAL ACTIVITIES**

#### **Paul D. Camp Community College**

Fall 2013        ADN (RN) clinical instructor

Spring 2014    HCT 101 & 102 Nurse Aide instructor

#### **Old Dominion University**

Fall 2023        FNP Clinical Assistant Professor