

ASHLEY WATERS

QUALIFICATIONS PROFILE

Dynamic and compassionate Family Nurse Practitioner with seven years of experience as a registered nurse and 500+ hours of supervised clinical nurse practitioner experience, eager to transition into a role that leverages my clinical expertise and dedication to patient-centered care. Passionate about contributing to a collaborative healthcare environment where comprehensive care and patient advocacy are paramount. **Areas of expertise include:**

*Patient Education and Support | Patient Advocacy | Continuous Quality Improvement
Health Promotion and Maintenance | Patient Assessment | Documentation | Medication Management*

EDUCATION

Master of Science in Family Nurse Practitioner: Oct 2023
United States University, San Diego, CA

Bachelor of Applied Science in Registered Nursing: May 2020
South University, Glen Allen, VA

Associate of Science in Registered Nursing: Aug 2017
Southside College of Health Sciences, Colonial Heights, VA

Associate of Arts/Science in General Studies: May 2014
Richard Bland College of William & Mary, Petersburg, VA

FAMILY NURSE PRACTITIONER CLINICAL PRACTICUM, 578 HOURS

Primary Care

Elgreat Healthcare Services, Richmond, VA - 150 hours
Mayo Medical Practice, Colonial Heights, VA - 311 hours

Women's Health

James E. Jones & Associates, Richmond, VA - 40 hours

Pediatrics

Richard Bennett & Associates, Richmond, VA - 77 hours

- Partnered with provider to conduct comprehensive assessments and diagnoses, formulate treatment plans, and recommend appropriate therapeutic interventions and testing.
- Delivered patient care, performing routine examinations and primary care procedures, including immunizations, cultures, and tests. Provided referrals as needed for specialized testing and treatment.
- Educated patients and families on diagnoses, treatment options, and follow-up care. Also educated patients and families on purpose, dosage, and side effects of prescriptions and over-the-counter medications.

RELEVANT EXPERIENCE

VCU HEALTH, RICHMOND, VA

Family Medicine Triage Registered Nurse

Feb 2024–Present, 40 hours/week

- Respond promptly to patient messages and calls, conducting thorough assessments to determine the urgency of their health concerns and triage accordingly
- Provide comprehensive assistance during patient visits, including performing PPD placement and reading, administering injections, and addressing other patient needs to ensure seamless care delivery
- Facilitate efficient patient flow by preparing patients for provider encounters and assisting with point-of-care testing as necessary
- Act as a vital link between physicians, nurses, and patients, effectively communicating information and facilitating care coordination via telephone or messaging platforms
- Manage and meticulously document patient phone calls, adhering to established policies and evidence-based guidelines to ensure accurate record-keeping and continuity of care

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SOUTHSIDE MEDICAL CENTER, PETERSBURG, VA

Operating Room (OR) Registered Nurse

Jan 2022–Present, hours vary

- Conduct patient assessment and chart reviews in accordance with documentation protocols prior to and after the surgical procedure.
- Take charge of organizing OR, gathering all supplies needed for the operation, preparing and positioning patient on the operating table, handing medical instruments to the surgeon, and monitoring patient's vital signs to detect anomalies during operations while complying with safety standards and precautions.
- Act as the communication liaison to family and members of the Operating Team while maintaining communication with patients, teammates, and physicians to ensure continuity of care.
- Complete documentation of all care information in a concise, accurate, and timely manner.
- Closely monitor and implement strict standards of asepsis while providing accurate care and handling specimens.
- Check all equipment used during surgery to ensure they are running smoothly.
- Perform diverse functions including sterilizing the OR and conducting inventory in all pre- and post-surgery items.

CARE ADVANTAGE, INC., COLONIAL HEIGHTS, VA

Home Health Director

May 2019–Jan 2022, 40 hours/week

- Developed and modified patient's care/treatment plan for the employee to follow.
- Facilitated the orientation and training of agency field employees assigned to the nursing service as directed while providing them with TB skin tests.
- Assigned registered nurses, licensed practical nurses, certified nursing assistants, personal care aides, and other nursing support staff to individual patients while conducting initial in-home evaluations and in-home supervision of nursing services provided by the aforementioned individuals.
- Delivered quality care/services needed in close collaboration with coworkers, clients, families, health care providers, care coordinators, and insurance companies.
- Solely created educational materials and tools for caregivers to use in the field.
- Communicated with the attending physician, agency employees, and contractors involved in the patient's care regarding changes in the patient's medical or mental condition.
- Instructed household members responsible for assisting the patient with nursing or personal care needs.
- Provided update to office administrator on all assigned patients' conditions and/or changes in medical status.
- Demonstrated keen attention to detail in generating reports for weekly interdisciplinary team meetings.
- **Received the Clinician of the Year award in December 2019 for excellent work performance.**

JOHN RANDOLPH MEDICAL CENTER/HOSPITAL, HOPEWELL, VA

Registered Nurse

Sep 2017–Sep 2019, 36 hours/week

- Organized in-patient and department records to track patient care services.
- Carried out the collection, documentation, and coordination of data for client's condition evaluation and primary health assessments, including detailed family and medical history and laboratory results.
- Recorded and reported actions, irregularities, and continuing needs to maintain continuity among nursing teams.
- Provided education to patients and families on prevention and control of communicable diseases while staying abreast of current disease prevention and control policies, procedures, and techniques, as well as current concepts of health promotion in clinical setting.
- Guaranteed patients and employees safety through strict compliance with infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations.
- Established patient care goals, responded to client's questions, and advised patient, friends, and family to understand condition, medications, and self-care skills to promote patient's independence and confidence.
- Effectively used multidisciplinary team strategies to address patient problems and needs.
- Rendered emotional, psychological, and spiritual support to patients, friends, and families to foster a compassionate environment.

LICENSE AND CERTIFICATION

Advanced Practice Registered Nurse (Valid until: Sep 2024) | Virginia Board of Nursing
Family Nurse Practitioner (Valid until: Feb 2029) | American Nurses Credentialing Center
Licensed Registered Nurse (Valid until: Sep 2024) | Virginia Board of Nursing
Basic Life Support (BLS) (Valid until: Feb 2025) | American Heart Association

PROFESSIONAL AFFILIATIONS & ACTIVITIES

Chi Eta Phi | American Nurses Association | Association of periOperative Registered Nurses
Volunteer, John Randolph Medical Center (2015–2016) | Volunteer, JDRF Mid-Atlantic Chapter (2017-2018, present)